

TOTAL WELL-BEING

Now in the Palm of your Hand

24|7
365

A TOTAL WELL-BEING EAP

AllOne Health provides Total Well-Being solutions for organizations and employees by combining high touch services through high tech delivery capabilities. Our Total Well-Being services are available anywhere at any time to address any problem anytime.

COUNSELING

When overwhelmed with personal, work or lifestyle stressors, mental health counseling can be a lifesaver. Our licensed, master's level counselors support you and your family through difficult times providing confidential assistance 24/7. Access EAP counseling via phone, web portal, mobile app, chat, and video.

WE HELP WITH:

- Family Conflict
- Couples/Relationships
- Substance Abuse
- Work/Life Balance
- Depression
- Anxiety
- Parenting
- Stress

Telephone: 1-800-521-3273

Website: www.easeatwork.com

EASE@WORK
An AllOne Health Company